COURSE OF INSTRUCTION

Mercy Hospital School Of Nursing

Attached to Mercy Hospital
and
Affiliated with St. Mary's Hospital

June 1926

OSHKOSH, WISCONSIN
General Announcement

"THOROUGH Preparation" is today the slogan in every line of work. In order to successfully compete with the progress of modern achievement, we must be well prepared to meet the demands which society puts upon us. We must know how to do one thing well and to contribute through that channel our service to the world and to humanity.

Schools of Nursing are existent in many of our hospitals today, for the purpose of educating young women in the art of nursing the sick, and in the preventive measures which safeguard health.

The Mercy Hospital School of Nursing is such an institution, and is equipped to give young women a thorough course of instruction and practice in all phases of nursing work. This school is open to young women of stability, who are earnest in their desire to make nursing a life work and to give a service, such as this, to humanity.

The school is registered with the State Board of Nurse Examiners and is subject to that body in matters of instruction and admission requirements.

The School of Nurses has the advantage of being a modern, well-equipped hospital, connected with Mercy and St. Mary's Hospitals, two large and well-known local institutions conducted by the Sisters of the Sorrows of the Mother, and affiliated with the Health Department operated by the City of Oshkosh.

Through affiliations, the students of the School of Nursing, are afforded ample opportunity for the study of surgical, medical and contagious diseases, together with the additional advantage of special training in the modern, well-equipped Maternity Department of St. Mary's Hospital in the prenatal and postnatal care of mothers, and in the nursing of sick children and infants.

In addition to the foregoing unusual opportunities for study and experience, the students, by special arrangement with the State Northern Hospital, Sunny View Sanitarium, are permitted to attend clinics at that institution and receive instruction in the care of mental and nervous diseases.

The nursing in the hospitals is in charge of superintendents, supervising sisters and graduate nurses who are registered nurses.

Candidates wishing to enter the school are to apply in person or by letter to the Superintendent of the School of Nursing.

The Nurses' Residence

The School of Nursing is pleasantly situated on Hazel Street opposite Menominee Park and facing Lake Winnebago. The students are allowed the privileges of the park and the use of the hospital row boats. The Senior and Junior classes are housed in buildings on the hospital grounds. A large reception room with piano, library, sitting room and parlor for the reception of friends, and a spacious lawn, give ample opportunity for rest and recreation.

The well-equipped class rooms, demonstration rooms, food and chemical laboratories and reference libraries, are all in the hospital. Every effort is made by the school authorities, not only to provide proper class rooms and apparatus, but to secure well-trained teachers and lecturers. It is the purpose of the school to provide the best nursing education under proper conditions, in order to prepare its graduates for the many fields of work awaiting them. The nurse is more and more being recognized as an important factor in adjusting the varied and complex social and economic problems of the age. The opportunities for her have broadened from the rather restricted area of private duty and institutional work until the School, the Factory, the Army and Navy, the Red Cross and the Milk Station need her services; Social Service, Industrial nursing, Temple House Inspection, District Nursing, and as organizers of hospitals and training schools, these, as well as many other forms offer a field for her interest and special qualifications.
Length of Course

The length of the course is three years, including the preliminary course of four months.

When a pupil completes her preliminary period and becomes a member of the school, she is expected to remain for the full course. Absences are not allowed, except for extreme cause; these will be considered upon their individual merits. Interruption of class work and instruction through enforced illness or absence or for any other reason must be left to the judgment of the school authorities for adjustment. During illness, the student is cared for gratuitously if she completes her training.

Vacation

Vacations are given between the first of May and October. Two weeks yearly are allowed, and one week for illness. An adjustment of this time to meet special hospital conditions is sometimes permitted.

Examinations

Examinations, written, oral and practical, will be held at the termination of each course of instruction. The ability to pass these examinations, together with the general character of the student’s work and special qualifications, are taken into consideration before entrance upon the next year’s work is permitted.

Requirements for Admission

Students should be between 18-35 years of age and must possess credentials showing the completion of at least one year of High School work or its equivalent. Women of broader education possessing all other qualifications will, of course, be given preference.

The Committee of the School of Nursing decides as to the probationer’s fitness for undertaking the Nurses’ course. They may at any time during the student’s training, especially before the end of the preliminary course, dismiss the student from the school for inefficiency, neglect of duty, or failure to develop qualities which will fit her for the nursing profession. The school reserves the right also, to terminate a student’s course for misconduct.

Terms of Acceptance

The student pays a tuition of $30 to cover expenses of books needed in her preliminary course. Upon acceptance into the school, the student is given an allowance of $5 a month the first year, $5 the second year, and $10 the third year. Students receive board, room and a reasonable amount of laundry from date of entrance.

Hours of Duty and Recreation

Mercy Hospital is among the first schools in Wisconsin to inaugurate the eight hour duty for nurses. All student nurses are on hospital duty eight hours daily with the exception of Sunday.

The school reserves the right to ask the student to meet emergencies when necessary.

Night nurses are on duty from 9 P. M. to 7 A. M. with two hours off if possible, for a period of one month at a time. Two days off duty is allowed at the end of each month of night duty.
Discipline

The problem of rules and regulations in the Mercy Hospital School of Nursing has received careful consideration. Promptness, regularity, habits of obedience and courtesy are essential to the success of a course. There must be explicit rules with strict enforcement, but they are rules that any self-respecting, earnest young woman will recognize as fair and necessary.

Graduation

Candidates for graduation must have completed the prescribed course of three years, of such period as may be necessary to supplement the credits allowed and have passed their final examinations. They will be eligible for registration by examination. They will be eligible for registration by examination in any state for membership in the American Nurses' Association, National Organization of Public Health Nursing and enrollment in the Nursing Service of the American Red Cross.

When the three years' course is completed and the examinations are passed, a diploma and a school pin will be given.

Registry

A registry for graduates of the school is kept by the Superintendent of Nurses and is under her personal supervision. The nurses are furnished with cases from the members of the staff and also from outside physicians. Many are employed in the hospital on special duty.

This service is given free to all graduates of the school who are registered nurses and members of the Alumnae Association, and comply with the rules of the institution.

The Alumnae

It is requested that each nurse upon graduation should become a member of the Alumnae Association. Many benefits will accrue to her through such membership, and greater opportunity is afforded her to advance the interests of the nursing profession in almost any part of the world. It is the least expensive of professional courses.
Mercy Hospital Training School for Nurses

Officers
R. H. BITTER, M.D., President of Hospital Staff.
W. P. WHEELER, M.D., Vice-President of Hospital Staff.
W. A. WAGNER, M.D., Secretary of Hospital Staff.
SISTER M. REMIGIA, R.N., Superintendent of Mercy Hospital.
SISTER M. ESCARIA, R.N., Superintendent of St. Mary's Hospital.
SISTER M. GONZAGA, R.N., Superintendent of the School for Nurses.
GRACE TEBRAKE, R. N., Instructor.

School of Nursing Committee
FRANK BROCKWAY, M.D.
E. F. BICKEL, M.D.
LOUISE JAIN, R.N.
SISTER M. REMIGIA, R.N.
SISTER M. GONZAGA, R.N.
SISTER M. ESCARIA, R.N.

Departments

ROENTGENOLOGY
F. G. CONNELL, M.D., Supervisor
M. G. WALSH, Technician

LABORATORY
J. C. COMBS, M.D., Supervisor
MILDRED SWENNEY, Technician

SURGERY
SISTER M. GERVASIA, R.N.
Assistant Surgical Supervisor

OBSTETRICS
GRACE HENNESSY, R.N.
Obstetrical Supervisor

PHARMACY
SISTER M. MONICA
Ph., G.

ANESTHETIST
JESSIE B. ADAMS, R.N.

RECORD DEPARTMENT
BESSIE I. ALLEN
Historian

Lecturers
R. H. BITTER, M.D.
J. F. SCHNEIDER, M.D.
E. F. BICKEL, M.D.
GEORGE V. LYNCH, M.D.
L. P. ALLEN, M.D.
FRANK BROCKWAY, M.D.
H. W. KLEINSCHMIDT, M.D.
BURTON CLARK, JR., M.D.

Instructors
GRACE HENNESSY, R.N.
SISTER M. JULITTA, R.N.
GRACE TEBRAKE, R. N.
Course of Instruction

First Year

Anatomy and Physiology.
Lectures and Recitations.
A study of the structure and function of the human body including the elements of embryology and the chief divisions of the subjects. The object of the course is to give the pupil a practical working knowledge of the structure and function of the normal human body, as the essential basis for the study of hygiene, dietetics, materia medica, and all pathological conditions, as well as for the safe and intelligent practice of nursing measures on the ward. 44 hours.

Chemistry.
Lectures, Demonstrations, and Laboratory Work.
An elementary course in general chemistry especially adopted for nursing serving as a basis for the intelligent study of physiology, dietetics, household economy, materia medica, and other nursing subjects. 22 hours.

Bacteriology.
Lectures, Demonstrations and Laboratory Work.

Nursing Ethics.
Lectures and Recitations.
This course deals with the present scope of nursing, the attitude of the nurse towards various problems, the patient, the physician, and other nurses. A discussion of the underlying principles of ethical conduct as applied to nurses. 14 hours.

History of Nursing.
Recitation and Reports.
A study of nursing history, its status in ancient times; the rise and development of modern nursing and the standards and ideals of the nursing profession. 14 hours.

The Theory and Practice of Nursing Procedures.
Demonstrations, Recitations, and Practice Supervision.
The object of this course is to teach the fundamental principles which underly all good nursing, to develop habits of observation, system, economy, and manual dexterity and to establish a uniform and finished technic. 195 hours.

Hospital Housekeeping.
Lectures and Demonstrations.
This course gives the student a better understanding of the principles and methods of good housekeeping and to make her appreciate their fundamental importance in nursing work. 10 hours.

Drugs and Solutions.
Recitations, Demonstrations and Practice.
A course including weights and measures, the making up of the standard solutions and the study of the more common drugs. 10 hours.
Materia Medica.
Lectures and Recitations.
A continuation of the study of drugs, their therapeutic action, their administration, the observation, and the reporting of results. 12 hours.

Dietetics.
Lectures, Recitations and Laboratory Work.
This course includes the sources and composition of food; caloric values, selection of dietaries, balanced rations, preparation of foods and arrangement of trays. 16 hours.

Elementary Pathology.
Lectures and Demonstrations.
A study of the principal causes leading to disease; the nature of the disease processes. The meaning of the terms used in describing pathological conditions, and the importance of various methods of clinical diagnosis. 14 hours.

Personal Hygiene.
Lectures, Recitations and Reports.
A study of the conditions governing the health of the individual. Ethical and economic aspects of hygiene. Responsibility of the nurse in health preservation and disease prevention. 10 hours.

Elements of Psychology.
Recitation and Class Discussion.
To give the student practice in considering people’s actions with impersonal understanding and sympathy and to develop certain principles for dealing wisely with patients and others professional relations. 15 hours.

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Second Year

Surgical Diseases and Nursing Care.
Lectures, Recitations and Clinics.
This course gives the student nurse a general idea of the nature of the principal surgical diseases, their symptoms, and treatment, and nursing care. 26 hours.

Gynecology.
Lecture and Demonstrations.
A study of terms and definitions bearing upon the nursing of pelvic diseases. Pelvic anatomy, general care of gynecological cases, special modes of treatment. 10 hours.

Medical Diseases and Nursing Care.
Lectures, Recitations and Clinics.
A brief study of the causes, symptoms, prevention, and nursing care of disease. 20 hours.

Communicable Diseases and Nursing Care.
Lectures.
A study of the nature of the principal communicable diseases, emphasis being placed upon the importance of the early recognition of symptoms, methods of nursing, laws of the Wisconsin Board of Health. 22 hours.
Obstetrics.
Lectures and Classes.
Taking up the anatomy and physiology of reproduction, physiologic and pathologic pregnancy, labor and puerperium; nursing in obstetrics. 20 hours.

Pediatrics.
Lectures and Classes.
To teach the nurse, the essential principle of child hygiene and management. To teach them its principal disease which manifestations are and how to adapt nursing measures to meet the needs of sick children. To make the nurse intelligent, skilful, and exact. The preparation of infant feeding and to emphasize the importance of proper feeding as a therapeutic measure in disease of infancy. 20 hours.

Nervous and Mental Diseases.
Lectures and Classes.
A survey of the nervous system, nervous and mental disorders, their common forms, unusual symptoms and nursing care. Relationships between mental and physical illness. 20 hours.

Diseases of the Eye, Ear, Nose and Throat.
Lectures and Recitations.
Object of course: To give nurses an understanding of the care and treatment of the eye, ear, nose and throat in normal and abnormal conditions. 10 hours.

Third Year

Massage.
Demonstration and class practice in the general manipulation of the body tissues and those general movements which have the value of passive exercise for the sick or convalescent. 10 hours.

Orthopedics.
Lectures and Classes.
To give the nurse a definite idea of orthopedic nursing as distinct from general surgical nursing with a knowledge and practice in the use of various splints and apparatus peculiar to orthopedic work. To teach her the cause and prevention of orthopedic conditions. 8 hours.

Tuberculosis.
Lectures and Clinics.
A study of causes, prevalence, curability, emergencies. Treatment in home and sanitation, dietary, rest, and exercise. Diet in Disease. 4 hours.

The dietetic treatment of special diseases. 10 hours.
Public Health.
Lectures to give the nurse a general practical knowledge of the methods which are being used to protect the health of individuals and communities so she may co-operate actively with Boards of Health and take a definite share in educating the public in matters relating to public health. 8 hours.
HYGIENE AND SANITATION:
Recitations and Excursions.
To give the nurse a general practical knowledge of its methods which are being used to protect the health of individual and communities so she may co-operate actively with Boards of Health and other preventive agencies and be able to take a definite share in educating the public in matters relating to public health. 10 hours.

EMERGENCY NURSING AND FIRST AID.
Lectures and Classes.
This course is intended to help the nurse to adapt her hospital methods a little more readily to the situations which she will meet on graduation, especially emergency conditions in accidents of various kinds. 10 hours.

PROFESSIONAL PROBLEMS:
Lectures and Discussions.

SPECIAL THERAPEUTICS.
Special methods of treatment. Special forms of therapy requiring the nurse. The X-ray in diagnosis and treatment of disease. The use of vaccine and sera.

SPECIAL LECTURES.
Arrangements will be made from time to time for formal lectures upon topics which are of special interest to student nurses and those engaged in the nursing profession.
### Nurses Alumnae

#### Class 1919

<table>
<thead>
<tr>
<th>Name</th>
<th>Place</th>
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<tbody>
<tr>
<td>Mrs. Esther M. Knack Brimaster</td>
<td>Oshkosh, Wis.</td>
</tr>
<tr>
<td>Dorothy E. Loepke</td>
<td>Waukesha, Wis.</td>
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<tr>
<td>Muriel E. Myhre</td>
<td>Jola, Wis.</td>
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<tr>
<td>Elsie N. Wirth</td>
<td>Biminewood, Wis.</td>
</tr>
<tr>
<td>Nan M. McConnell</td>
<td>Beaver Dam, Wis.</td>
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<tr>
<td>Mrs. Henrietta Manders Dauterman</td>
<td>Fond du Lac, Wis.</td>
</tr>
<tr>
<td>Leona J. Valesky</td>
<td>Ashland, Wis.</td>
</tr>
<tr>
<td>Margaret Phillips</td>
<td>Shreveport, La.</td>
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<tr>
<td>Mrs. Esther L. Redmond Hutchinson</td>
<td>Oshkosh, Wis.</td>
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#### Class 1921

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<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Mrs. Mary A. Rosenmeier Bohl</td>
<td>Beaver Dam, Wis.</td>
</tr>
<tr>
<td>Mrs. Eva McCarter Gertsch</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Mrs. Anna M. McIntosh Johnson</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Mrs. Claudia Lindsey Gabbert</td>
<td>Rhome, Wis.</td>
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<tr>
<td>Mae Mulhorn</td>
<td>Antigo, Wis.</td>
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<tr>
<td>Mrs. Minnie F. Sambolin Rudiger</td>
<td>Wausau, Wis.</td>
</tr>
<tr>
<td>Anna Schmidt</td>
<td>Rhinelander, Wis.</td>
</tr>
<tr>
<td>Mrs. Gertrude M. Shorn Boyle</td>
<td>Milwaukee, Wis.</td>
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<tr>
<td>Genevieve La Borde</td>
<td>Fond du Lac, Wis.</td>
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#### Class 1922

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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Mrs. Helen Boyington Teschner</td>
<td>Grand Rapids, Wis.</td>
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<tr>
<td>Amelia Selbach</td>
<td>East Claire, Wis.</td>
</tr>
<tr>
<td>Mrs. Rachel Palmach Hanson</td>
<td>Wild Rose, Wis.</td>
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<tr>
<td>Clara Rasmussen</td>
<td>Wausau, Wis.</td>
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<tr>
<td>Rose Felling</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Irena Mulvey</td>
<td>Sheboygan, Wis.</td>
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<tr>
<td>Bernadine Hill</td>
<td>Merrill, Wis.</td>
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<tr>
<td>Mrs. Sylvia Kalbus Montgomery</td>
<td>Oshkosh, Wis.</td>
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#### Class 1923

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<th>Name</th>
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<tbody>
<tr>
<td>Christine Zollpister</td>
<td>Antigo, Wis.</td>
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<tr>
<td>Mrs. Ruth Sailer Marieme</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Winnie Biener</td>
<td>Merrill, Wis.</td>
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<tr>
<td>Ethel Baber</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Zelma Pastua</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Mrs. Hazel Ryan Reif</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Mildred Kelsch</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Rosemary Miller</td>
<td>Neenah, Wis.</td>
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<tr>
<td>Gertrude Rasmussen</td>
<td>Neenah, Wis.</td>
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<tr>
<td>Mrs. Elizabeth Winsey Bolleau</td>
<td>Appleton, Wis.</td>
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<tr>
<td>Mrs. Magdeline Du Bois Fredricks</td>
<td>Neenah, Wis.</td>
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## Class 1924

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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Lydia Dunn</td>
<td>Oshkosh, Wis.</td>
</tr>
<tr>
<td>Ruby Brookman</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Dolly Redlin</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Helen Bemmes</td>
<td>Hortonville, Wis.</td>
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<tr>
<td>Florence Tesch</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Ellen Fairly</td>
<td>New London, Wis.</td>
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<tr>
<td>Carrie Feltie</td>
<td>Waupaca, Wis.</td>
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<tr>
<td>Marie Greene</td>
<td>Brandon, Wis.</td>
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<tr>
<td>Marie Fife</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Frances Herr</td>
<td>Galesburg, Wis.</td>
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<tr>
<td>Laura Gollnick</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Genevieve Lamb</td>
<td>Fond du Lac, Wis.</td>
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<tr>
<td>Cecilia Rank</td>
<td>Antigo, Wis.</td>
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<tr>
<td>Marion Stephens</td>
<td>Omro, Wis.</td>
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<tr>
<td>Olive O'Brien</td>
<td>Oshkosh, Wis.</td>
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## Class 1925

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<tr>
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<tbody>
<tr>
<td>Irene M. Barlow</td>
<td>New London, Wis.</td>
</tr>
<tr>
<td>Catherine E. Biehler</td>
<td>Hortonville, Wis.</td>
</tr>
<tr>
<td>Rosel E. Gerlits</td>
<td>Little Chute, Wis.</td>
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<tr>
<td>Laura Gilman</td>
<td>Appleton, Wis.</td>
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<tr>
<td>Josephine A. Hetzel</td>
<td>Oshkosh, Wis.</td>
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<tr>
<td>Violet Mae Hutchinson</td>
<td>New London, Wis.</td>
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<tr>
<td>Loraine A. Murphy</td>
<td>Monroe, Wis.</td>
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<tr>
<td>Elaine K. Murphy</td>
<td>Monroe, Wis.</td>
</tr>
<tr>
<td>Rose M. O'Rourke</td>
<td>North Fond du Lac, Wis.</td>
</tr>
<tr>
<td>Mrs. Vivian Fuller Rhyner</td>
<td>Tomahawk, Wis.</td>
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