Talking Points for Leaders – Role of Nursing Assistant in Aromatherapy

• Many patients come into the hospital requesting to use essential oils that they have used at other healthcare organizations.

• Aromatherapy is an independent nursing intervention.

• The nursing assistant/PCA/CNA is to be aware that the hospital has an aromatherapy program that can help to manage various patient symptoms during their hospitalization.

• The nursing assistant/PCA/CNA should inform the nurse about any patient requesting information about using essential oils.